Spirit-filled Prayer Workshop #3

**The Power Stations**

In our youth group during a series based on the person and work of the Holy Spirit we created an experience where high schoolers visited five power stations that we set up in the youth room – locations around the room that they visited to have someone pray for them to experience God’s power. Before youth visited the stations, we invited five youth leaders to each share a testimony about one of the stations. Here are the five stations that we created:

**1. Filling.** At this station someone will pray for God to fill you with his Spirit.

**2. Deliverance.** At this station someone will pray for you to be set from anything that you have struggled to break free from.

**3. Healing.** At this station someone will pray for you to be healed of any sickness or condition that you have been struggling with.

**4. Miracles.** At this station someone will pray for you or someone you know to experience a miracle from God.

**5. Witnessing.** At this station someone will pray for you to have power when you tell people about Jesus.

**Station Time:** You have about 20 minutes to visit any stations of your choice.

**Reflection:**

1. How were you touched by God at the Power Stations?

2. Which station had the greatest impact on you?

**The Process of Deliverance**

At the Deliverance station we will be using the following process to help people experience deliverance from an issue that they have been struggling with:

1. The first step to victory is to **Recognise** any issue that God has brought to your attention that you need to deal with.

2. The second step is **Repent** – where you commit to turn your back on the issue, choose to renew your mind and ask God to help you think differently about it.

3. The third step is to **Renounce** – which means to fall out of agreement with the issue and renounce its power over your life. If it is a curse you fall out of agreement with the curse and you renounce its power to operate in your life, you renounce its power to operate in your life. If it is sin you have been involved in, you renounce the power of that sin. You close the door on the enemy - he does not have a hold on you anymore! The enemy no longer has authority to operate in your life in the area.

4. The fourth step is **Rebuke** – when we rebuke the evil one, any demonic spirit that is associated with the issue has to leave – there is no shouting - it just has to go because you have taken its authority away.

5. The fifth step is **Receive** – now it is time to ask God to replace what has been taken away with His blessing and grace. Where there was unforgiveness and bitterness you pray to receive God’s grace to forgive; where there was a curse you receive the Lord’s blessing to replace the curse – we speak and announce the blessings of God in areas of poverty for example.

This process can be used whenever we are helping a person deal with a situation in their lives.

Here is an example of how you can lead a person through the process of deliverance:

1. Pray for the person: Pray that God will surround them with a sense of His presence.

2. Ask the person to pray out loud by repeating these words after you:

*I* ***Recognise*** *the following issue in my life \_\_\_\_\_\_\_\_\_\_ (have them name the issue)*

*I* ***Repent*** *of my involvement in \_\_\_\_\_\_\_\_\_ (have them name the issue) – I turn my back on it, I change my mind about it and ask you to help me think differently in future.*

*I* ***Renounce*** *it’s power over my life – I break any agreement that I may have made allowing it to be a part of my life. I close the door to the work of the evil one in this area of my life. The devil no longer has authority to operate in that area of my life.*

*I* ***Rebuke*** *the evil one in the name of Jesus Christ – any demonic spirit that is associated with this issues has to leave because you have no authority over my life.*

*I* ***Receive*** *God’s grace and blessing in my life to replace the harm that was caused by the issue. Thank you God that you are filling me with your love and grace and mercy.*